

What Comes In: Add It Up

Cash Coming In

- Wages/Salary (before deductions) _____
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- Commission/Tips/Overtime Pay Child _____
- Support/Alimony Received _____
- Unemployment Compensation Temp _____
- Assistance for Needy Families (TANF) _____
- Social Security Benefits (SSD/SSI) _____
- Pension _____
- Veteran’s Benefit _____
- Worker’s Disability Compensation _____
- Other Cash: (specify) _____

Total Cash In: _____

Non-Cash Assistance

- Supplemental Nutrition Assist Prog (SNAP) _____
- Women, Infants & Children Program (WIC) _____
- Child Care Assistance _____
- Housing Assistance _____
- School Lunch _____
- Energy Assistance _____
- Other Non-Cash: _____

Total Non-Cash In: _____

What Comes In: Cash In + Non-Cash In
(Also called *gross monthly income*)

Off the Top Deductions

- Federal Taxes _____
- State/Local Taxes _____
- FICA Taxes _____
- Unemployment Insurance _____
- Retirement Savings _____
- Health/Dental Insurance _____
- Life/Disability Insurance _____
- Child Support/Garnishments _____
- Other: _____

Total Off the Top: _____

What Comes In – Off the Top = Take Home Pay
(Also called *net monthly income*)

Source: Adapted from *DollarWorks 2* (University of Minnesota Extension)